



## Surf Lesson Workshop Registration Workshop Date

Name \_\_\_\_\_  
Address \_\_\_\_\_  
Phone # \_\_\_\_\_ cell # \_\_\_\_\_  
Email address \_\_\_\_\_  
Emergency Contact \_\_\_\_\_  
Medical conditions, physical limitations or special  
needs \_\_\_\_\_  
How did you hear about us \_\_\_\_\_

Fee paid: \$50/person \$80.00/pair circle one, enclose check made out to **ocean earth wind fire**

I \_\_\_\_\_ understand that yoga includes physical movements as well as an opportunity for relaxation, stress re-education and relief of muscular tension. I state from fact that I am in good physical condition and have not been advised by a medical professional not to engage in physical activity. As is the case with any physical activity, the risk of injury, even serious or disabling, is always present and cannot be entirely eliminated. If I experience any pain or discomfort, I will listen to my body, adjust the posture and ask for support from the teacher. I will continue to breathe smoothly.

Yoga is not a substitute for medical attention, examination, diagnosis or treatment. Yoga is not recommended and is not safe under certain medical conditions. I affirm that I alone am responsible to decide whether to practice yoga. I hereby agree to irrevocably release and waive any claims that I have now or hereafter may have against ocean earth wind fire and the teachers working here. I have read and fully understand the above agreement terms and fully release and discharge Susan Madden-Cox and ocean earth wind fire, its agents and independent contractors from any and all claims for injuries, including death, damages or loss which I may have or which may accrue to me on account of my participation in the yoga program. My signature below states my full acceptance and concurrence with the terms of this agreement.

Signature \_\_\_\_\_ date \_\_\_\_\_

Please complete and mail to

Susan Madden-Cox  
ocean earth wind fire  
122 Bridge Street  
Phoenixville, PA 19460

So happy that you will be surfing with us! Namaste!